

MAY, 1996  
VOLUME 12, NO. 5



# THE SACWN SPRING HOP WITH JAMMIN JO!



Join SACWN for the Spring Hop on Saturday, May 18 from 8:00 p.m. at the Musician's Hall, 1925 Del Paso Boulevard. DJ Jo Tierney will spin the discs till midnight, playing a wide range of dance tune. "I'll be bringing about 750 CD's with me, so I should be able to play anything the crowd requests from oldies, to country to bar music" says Tierney. Jo will take requests that evening, but if you have a very special tune in mind leave her a message at 489-5656 at least a week before the dance.

The Musician's Hall is a newly renovated facility, just off Arden on Del Paso. It features a spring hung floor for extra dancing enjoyment. Parking is next to the building and in a lot across the street. Building security will be present in the parking lots during the dance.

The Sacramento Women's Chorus will manage the bar for the evening. As always there will be tables reserved for single women and "nametag stickers" for single women to wear.

It's SPRING in Sacramento, let's HOP!

<b>Date:</b>	<b>Saturday, May 18, 1996</b>
<b>Place:</b>	<b>Musician's Hall</b>
	<b>1925 Del Paso Blvd., Sacto</b>
<b>Time:</b>	<b>8:00 P.M.</b>
<b>Tickets:</b>	<b>\$12 Subscribers</b>
	<b>\$17 Non-subscribers</b>
	<b>\$17 at the Door:</b>

See ticket order form on inside back cover.  
An event for women over 21 only.

## From the Steering Committee

Another exciting month in the life of SACWN. We edge closer to initiating the first on-line chat room for lesbians in Northern California (outside of the Bay Area). Think of it this way. At anytime, day or night, you can go on-line (that is, you get on the internet and type in SACWN's address) and our home page will lead you to our chat room. Type in "Hello, this is Amy Amazon" (or any name you choose) and you will get a response from anyone and everyone else that is connected to the chat room.

How incredible! Think of the phone bill you can save by telling your lover in LA to call in to the SACWN chat room at 8:00 p.m. every night to talk. Think of the lover you might find calling into the chat room at 8:00 p.m. every night!

If you've been looking for an excuse to buy a computer, this may just be it, but be sure you get one with a modem. Need help in understanding how to get "on-line"? Well, our SACWN cybersig has been helping women do just that for the past six months. The SIG meet once a month at the SACWN office and Anna, the facilitator and guru, explains everything you need to know to participate on the world wide web. A special thanks to Anna and Cindy who have designed and developed the SACWN web page. Anna is the driving force behind the chat room also.

Now about the chat room. Tell all of your lesbian friends to join you on line for our SACWN Chat Room debut at 10:00 a.m. on June 1st. Just go to the web page for directions. (<http://www.cwo.com/~sacwn>)

Another new feature of the web page, coming on June 1, will be The Lesbian Resource List. Advertisers and supporters of SACWN will be able to have information about their business on the web page as well as listed in the Lesbian Resource List. Look to the list also for community organizations.

SACWN is taking the lead in responding to the technology that will be as common place to us in ten years as the phone, fax machine, and photocopier are today.

The world is changing so fast. A striking example of this was shown at our April event. We saw the film, *The Children's Hour*, made in the late 50s and then the 1995 film, *The Incredible True Adventures of Two Girls In Love*. It was hard to believe the change that has occurred in the past forty years.

The first film was about two women, friends through college, who opened a boarding school for girls. They

struggled for eight years to make the school profitable. Then a punished student lies and accused them of being lovers. They lose everything.

"*Two Girls*" is an incredible love story of two teenage girls who fall in love. While they suffered some from narrow minded acquaintances, they are beautiful in their self love and naturalness.

If this is the impact of change, we must go with it smiling!

### SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card	\$25	\$37
3 1/4 x 1 3/4		
Two-column ad	\$40	\$60
4 1/2 x 2 3/4		
Quarter page	\$50	\$75
3 1/2 x 4 1/2		
Half page	\$90	\$135
7 1/8 x 4 1/2 or 3 1/2 x 9 1/2		
Full page	\$160	\$240
7 1/2 x 9 1/2		
Classified ads (per word)	.40	.60
Discounts	1 year (pre-paid)	20% 1/2 year 10%

Advertisers are not necessarily lesbians. We do not warrant the services or products of advertisers.

### SACWN STEERING COMMITTEE

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**SACWN, Inc.** newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

# Special Interest Groups - May

Special Interest Groups, fondly called SIGs, provide a way for our subscribers to meet in a more personal setting and get to know each other while exploring a common interest.

## HELLO! !HELLO HELLO!

### SINGLE CONNECTION

We had a great time at our Hamburger Mary's brunch. An especially warm welcome to all the newcomers who attended.

**Misty at 489-8144** is offering sociable strolling along the river as a way of enjoying our spring weather.

**May 9** will be our planning meeting for summer events and so far we've had some great ideas. Call **Eileen at 422-8189** for time and location. New comers and new ideas are always welcome so come join us.

**Sneak Preview!** Gail will be hosting a summer solstice gathering on **June 23rd** so mark your calendar. More details to come in the June newsletter.

Don't forget the SACWN dance on **May 18th** and remember there is always a table clearly marked for the Singles.

We may be having another coffee in late May. For this or any other information call Eileen at 422-8180.



### TOP 10

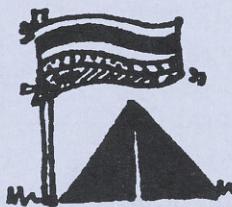
We will be meeting for dinner at the Golden Tee Restaurant, 3216 Auburn on May 10th. Call **Kitty or Marge at 923-0912** by Wednesday May 8 to reserve.

Top 10 (a group for women over 50 and women who love women over 50) is recruiting for a facilitator replacement. If you are interested in working with this great group of women, call **Dee at 443-2377**.



### WILDLIFE, BIRDWATCHING AND PHOTOGRAPHY HIKES

We'll go to Audubon Canyon Ranch at Bolinas Lagoon this month for a self guided nature tour of trails of varying lengths. We'll stop at an overlook to see all kinds of wonderful wildlife. We'll leave at 7:30 a.m. on **May 18th**. Call **Linda at 921-9052** for directions as to where to meet.



### RAINBOW CAMPERS

Here's the schedule for a summer of camping fun. Call **Casey** for information and coordination at **366-7362**. *Reservations are needed NOW!*

**May 18** - Rancho Cicada  
**June 14-15** - Cassini Ranch  
**July 19-21** - Camp Augusta  
**July 26-27** - Nevada Beach, Tahoe  
**August 9 -10** - Wright's Beach  
**Sept 20-21** - Coloma  
**October** - Barbecue and planning party for next year. Details TBA.

All campers are welcome with tents, trucks, RV's, mattresses, etc.

### COUPLES GROUP

Meet us on **May 18th at 10:00 a.m.** at Watt & 50 on La Riveria at the Lucky's Store to go bike riding.

It's time for our hair to blow in the wind! Call **Diana and Julie at 361-9422** to RSVP.

### MOMS AND KIDS

We meet the third Saturday of the month. For location and time call **Paula at 725-9094** (days) or **Kim 364-8653** for information.

### CYBER SIG

We go on line on **June 1, at 10:00 a.m.** with our **SACWN CHAT ROOM** debut! Join us at the office or on the Internet!

Our **SACWN** web page will tell you the latest **SACWN** news and tell you how to get to the Chat Room. Visit us at <http://www.cwo.com/~sacwn> and see for yourself. Next meeting for the cyber sig is **June 29 at 10:30 a.m.**

Call **Anna at 739-6366** to RSVP. Anna can also be reached by leaving a message on her e-mail at [afong@csus.edu](mailto:afong@csus.edu). **SACWN's e-mail address is [sacwn@cwo.com](mailto:sacwn@cwo.com)**.

Special thanks to Catherine Goggia for the SIG artwork!

# SACWN COMMUNITY CALENDAR

## SACWN DATES FOR 1996

**Saturday, May 18, 1996**

### SACWN SPRING HOP

We promised you another dance after the plumbing problems and early end to the Valentine Dance in February, so we looked for a special location that would be right for our SPRING HOP.

A friend told us about a newly renovated building being developed by the Musician's Union that would have a spring hung dance floor (the very best kind for tireless dancing). On a site visit in early March, it showed great promise. But then the construction problems began, and we have been "on again, off again" since then.

However, we now have a firm commitment, the building will be done by May 11th (a week before our event) and the "Musicians" have even scheduled their grand opening for the day after our dance.

It's a large space, with great sound (if musicians don't build for sound, who does?) and good parking. The area is undergoing a revival, with rumors of the best new restaurant in town nearby.

So join us and test out this new dance floor. Let us know how you like the Hall!

**Friday, June 21, 1996**

### An Evening with Author and Artist Catherine Goggia

You've seen her work in SACWN for the past year. Cartoonist Catherine Goggia from Chico will join us to sign her new book and tell us about the life of an artist and graphic designer. She has expresses her creativity in a multitude of ways from designing T-shirts, illustrating greeting cards, taking photographs for advertisements and facilitating motivational presentations. As we know, she incorporates her lesbian experience in her art. Come thank her for the special touches she has donated to our newsletter and to our community.

**July 19-21, 1996**

### The Fourth Annual Sacramento Women's Gathering

Camp Augusta, Nevada City CA.

Plans are underway to make this year's Gathering the best yet! Interested in facilitating a workshop? Have a special fun idea? Call SACWN to discuss and watch your mail for the Gathering flier in late May. It's a very special weekend experience. Join us and see.

## IN THE COMMUNITY

### May 31 - June 2, 1996

At the UCLA Armand Hammer Museum in Los Angeles, Judy Chicago's "The Dinner Party" will be on exhibit. The Northern California Women's Chorus will sing. For information, contact Judy Fjell at (707) 944-2420.

### June 1, 1996

CAP/PAC Dinner to be held at the Sacramento Convention Center. Tickets are \$85. Call Cathi Meyers at 631-7171 for reservations. California Capitol Political Action Committee raises money and makes campaign contributions to candidates for public office thought to be supportive of the political objectives of our community.

### June 8, 1996

Lambda Center Freedom Fair at the State Capitol. Admission fee of \$2.

### June 9, 1996

The First Annual Yolo County Gay Pride Day will be held on June 9 at Central Park (corner 5th and B) in Davis from 11:00 to 5:00. Bring your own picnic lunch. Entertainment includes musicians Judy Fjell and Duval Speck and dancing instruction by John Batchelor. To volunteer, or for more information, call Ellen Pontac at 753-8283.

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### Building Lasting Relationships

Couple's group emphasizing solutions and growth in establishing committed long-term relationships. Meets 2xs per month. Facilitator: Melinda Facelli MFCC #MFC30351 - 783-0563

## SUCCESSFUL SACWNITE

Janet Lial Branson grew up in East Sacramento where people settle for a lifetime. "In other parts of Sacramento, families move in and out a lot, but in East Sacramento where I spent my growing up years, families have been there for several generations. It gave me a sense of stability and security."

Janet graduated from Sacramento schools and continued at CSUS where she earned a Masters Degree in Communication Studies. "I spent my 20's and 30s trying to find myself, doing the usual marrying, having children and testing various types of jobs."

"It seems that I have always been a therapist, especially in the way I related to people. I took that role within my family. Friends told me I was a good listener, and I've have the capacity to care about other people's pain. During college I thought about being a therapist but didn't know how to go about it, it felt like an area of study that was closed off to me."

"Then about eight years ago, I got into therapy myself. I was at a place in life where I was not feeling satisfied with life and feeling unhappy. Suddenly I realized that that was what I wanted to do - be a therapist! The journey has been a long one. I spent three years part-time in school, back at CSUS. In the social work program, an internship is required as you are attending classes. First I worked as a social worker at a psychiatric hospital and then did an internship placement as a therapist for a family services agency.

"After getting the Master's Degree, I then began the process of acquiring the required hours of ex-

perience to sit for the LCSW test. I've completed and passed the written test and the oral part of the exam is scheduled for September."

The past year has been one of significant changes for Janet. "So many transitions happened to me this year. I left a 15 year marriage, and changed jobs all at the same time. After two years of self examination, I came out - to myself, my family and friends and my kids."

"Even though it has been a year of difficult to face decisions, especially breaking up the family, I have found an extraordinary personal sense of freedom. I feel so good about being me for the first time in my life. And having gone through this process, I am less afraid about making changes in my life."

"Of course the carry over to my professional life is profound. All of a therapist's life experiences are helpful in her practice, yet this year I have learned so much personally. Pain is a part of living, it is to be experienced, not avoided. In avoiding pain, we avoid life. By moving through pain, we more fully experience life. In our culture, we are taught to avoid, not experience pain."

Janet works for the Center for Psychotherapy and Counseling, a group private practice. "My work is primarily with adults who are trying to understand the impacts of their childhood on their adult life. I also co-lead a coming out group for women which is very rewarding. It allows me to help other women through their transition."

A difficult part of the past year for Janet has been coming out to her children. "I was surprised by the



lack of information available about parents coming out to children. I had moved out of the house about a year ago, so they were use to the separation and understood that their dad and I would not be getting back together. I felt so alone in figuring out how to tell them and what potential issues to consider for them. I knew that I didn't want to have a barrier between us because of my secret. I was ready to say, this is who I am. I wanted to communicate positive feelings to them. I'm still discovering how the information is impacting them, but I am so much freer with them."

"Half of the week I'm a Mom with kids, and the other half of the week I am working on developing personal friendships and connections with the lesbian community. I am working to integrate my life, though I feel so isolated as a lesbian with children."

Success to Janet is about succeeding at the hard choices in life. "Life seems so hard when we are faced with transitions. Sometimes, it feels so difficult to do what is right for you. When we see our choices through, with the accompanying pain and joy, then we can enjoy the success that comes from the freedom of being who we are."

**Congratulations to SACWNites....****Wedding Announcement**

Special congratulations are in order this month to SACWNites Joy Fisher and Joyce Austin. They were married in the rose garden in McKinley Park on April 28, 1996. The brides arrived in a horse drawn carriage and exchanged vows of commitment witnessed by their family and friends. A reception was held at the Tuesday Club following the ceremony.

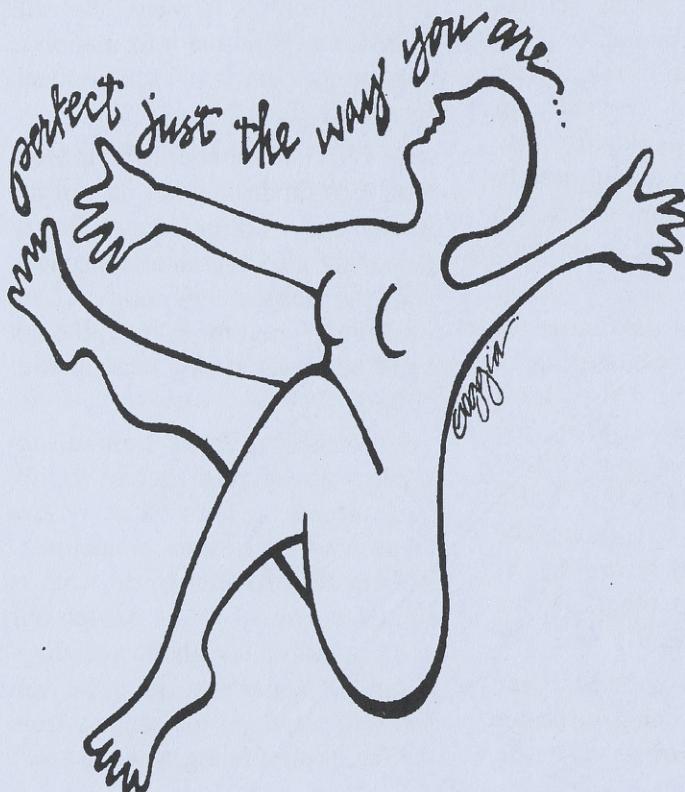
Joyce and Joy met at a SACWN Single Connection function two years ago. Following a honeymoon in Europe, they will settle in their East Sacramento home.

**Birth Announcement**

Taylor James D. was recently welcomed into the family of Debbie D when he was three days old. Debbie, a past facilitator of the SACWN Singles Group, is thrilled to have this tiny new family member, now five weeks old.

Debbie tells us that to help balance the demands of motherhood, she will be facilitating a SACWN Newcomers Group in the near future. More info on this in the June newsletter. Just be sure to ask Debbie to see the baby pictures.

*(There is no truth to the rumor that this writer rocked Taylor to sleep at Joy and Joyce's wedding reception!)*

**Freedom Fair in June**

The Annual Freedom Fair will be held on Saturday, June 8th and SACWN will have an information booth at the Fair. Volunteers are needed to staff the booth in one hour shifts throughout the day.

It's a great job. It gives you a perfect reason to start talking to every woman who walks by. The script goes like this:

"Hi - Are you on the SACWN mailing list? No, well, let me give you a copy of our newsletter and come sign our mailing list and you'll get three more free copies."

After the smile, you are on your own, it's a great way to meet women and to build the membership of the organization. Call the office at 451-8043 to volunteer.

**Workshop Ideas Needed**

It's planning time for the Fourth Annual Sacramento Women's Gathering at Camp Augusta. Workshop ideas and facilitators are needed. The environment is very casual. We sit in circles under 50 foot tall swaying pine trees and talk, laugh, explore and discover more about ourselves and each other. Suggestions have included: making music, issues of aging, sexuality talk, women and our money, and a craft class. Call SACWN to discuss.

**Successful SACWNites Needed:**

It's easy, it's fun and it's free! What could this be? The opportunity to be featured as the Successful SACWNite of the month. Centerfolds needed (well almost) for June, September and thereafter. Please call the SACWN office to volunteer. Recommendations from friends are welcome. Know someone may be willing to be featured? Call 451-8034.

**Proofreader needed, desperately!**

The SACWN newsletter, produced ten times a year, (no issue in July or December) is the product of one person who most of the time works alone. As you know, it is near to impossible to proof one's own work, and the newsletter reflects this difficulty.

Ideally, a good spelling volunteer is needed who has a sharp eye and a basic knowledge of grammar. She should also have a fax machine and with minimal notice be able to spend ten minutes marking up the draft of the newsletter and faxing it back to the SACWN office. This fax method would be ideal since, the writing of the newsletter is often done close to the printer's deadline. However, other proposals will be considered.

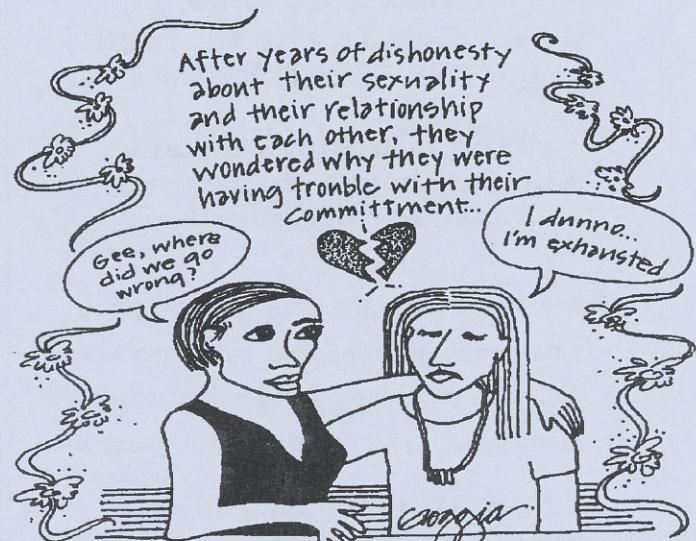
**It Happened in Utah**

On February 20, 1996, the Salt Lake City School Board voted to ban all clubs in order to keep a gay/lesbian/straight alliance from forming at East High School. Despite numerous phone calls and countless letters, the Board seems to remain recalcitrant.

Salt Lake City will host the 2002 Winter Olympics with the slogan, "The World Is Welcome Here". The school board decision calls into question how much of the world is truly welcomed. The Citizen's Alliance for Hate Free Schools, a project of the Utah Human Rights Coalition, calls on supporters of the rights of young people to have equal access to educational opportunities and safe schools to voice their concern about this discrimination.

**Get to A Computer on June 1!**

We want our SACWN Chat Room debut to be special and we also want to test the limits of the program. So we are asking everyone to pass the word to computer lesbians connected to the internet from anywhere and everywhere to join us at 10:00 a.m. on June 1 in our chat room. Just go to our web page for the connection. We are: <http://www.cwo.com/~sacwn> See you there!



CARTOON BY CATHERINE GOGGIA, A FREELANCE ARTIST IN CHICO, CA. HER WORK CAN BE SEEN IN THE BEST CONTEMPORARY WOMEN'S HUMOR, CROSSING PRESS AND IN JUNE AT SACWN!

**Video Rentals**

Over the years, SACWN has purchased a number of videos that have been enjoyed at events and SIG meetings.

Members are also invited to rent the videos. Available for one week at a time for the rental fee of \$3-5, videos can be picked up at the SACWN office (call first to arrange a pickup time and be sure the film you want is available.) There is a mail slot in the door for easy return during work hours.

Among the videos available are:

*Coming Out is A Many Splendored Thing*

*Dyke TV, Volume 3, 1994*

*Et L'Amour*

*Out in Suburbia*

*World of Light*

*Salmonberries*

*Two in Twenty (3 videos)*

*Children's Hour*

*The Incredible True Adventures of*

*Two Girls in Love*

*Suzanne Westenhoefer Comedy Show*

*Judy Carter Comedy Show*

When renting the films, a credit card deposit (Visa or Mastercard) will be taken, but not charged to your account unless the video is not returned.

**HELP WANTED**

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May 17, 1996 7:00-9:30 pm  
May 18, 1996 10:00 am - 4:00 pm  
\$75

*Pre-registration required.*  
For more information, call  
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**Sweatshirts \$ 26.00 (med, lg, xl) xxlg \$28.00**

front back



**GIRLS GOT MUSCLES TOO.**  
by laura irene wayne ©88

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**Girls Got Muscles Too.**

Yeah Sister  
go ahead feel my arm.  
I know what you  
were taught to think  
that girls ain't got no muscles  
and should only wear pink  
but quite the contrary  
dear sister, you know what  
I am saying is true  
just go ahead feel  
my powerful arm  
Yes,

**GIRLS GOT MUSCLES TOO.**  
by laura irene wayne ©88



## SUBSCRIPTION RENEWAL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

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**WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENuous ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

\***LIMITED INCOME** - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

\* SENIORS -Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

\*\***SUSTAINING** - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

# SACWN

## SPRING HOP

### WITH DJ JAMMIN JO

MUSICIAN'S HALL

1925 Del Paso Boulevard, Sacramento

(Off Arden Way)

Mail in Ticket Form

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

	Price	Subscriber #	# Tickets
Subscribers:	\$12	_____	_____

Non-subscribers:	\$17	_____	_____
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Limited Income:	\$6	_____	_____
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Mail check, payable to SACWN, send with self addressed stamped envelope to:

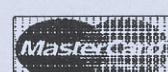
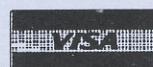
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3031 F Street, Suite 201

Sacramento, CA 95816

If no envelope is included, ticket(s) will be held at the door. Tickets may be picked up at the office by pre-arrangement. Please call before coming to the office for tickets.

For information, call 451-8034.



For VISA or MasterCard purchase, provide

Acct No: \_\_\_\_\_

Exp. Date on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

A 5% handling fee will be added to the charge. Your bill will indicate a purchase from **Outsourcing Management Group**. If a SASE is provided, tickets will be mailed, otherwise they will be held at door. Tickets are nonrefundable.

This event is for women over 21 only.



3031 F STREET, SUITE 201  
SACRAMENTO, CA 95816

ADDRESS CORRECTION REQUESTED

**JOIN US AT THE SACWN SPRING HOP!!**